

Mary A. Sheridan

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**From:** BC-Info  
**Sent:** Thursday 12 February 2015 11:55  
**To:** BC Staff  
**Subject:** FW: For the attention of Principal  
**Attachments:** Workshop information.docx; a. nutrition for the soul.docx; Lessons to learn.jpg; mistakes.jpg; stepping stones.jpg

**From:** Pat Murphy [mailto: ]  
**Sent:** 12 February 2015 10:44  
**Subject:** For the attention of Principal

For the attention of Principal, Vice Principal, Religion Dept, and relevant teachers. please forward where necessary.

please see the attachments:

(1) information re Workshops that I have been asked to facilitate in Secondary Schools. *(see attachment.)*

(2) *"Nutrition for the Soul"* a resource for Secondary Schools.

*(see attachments that I sent out last Sunday to Religion Coordinators, Religion Teachers, Diocesan Advisors, Chaplains etc. )*

This is what I sent last Sunday !

Hello and good afternoon everyone,  
"nutrition" !!

here goes your

First of all last week I asked you for a title for the story ?  
see the 2nd. page of nutrition.

*"Love one another as I have loved you"*